

## Assessment in Physical Education

Learning Domains	FOUNDATION (4)	DEVELOPING (3)	SECURE (2)	EXCELLENCE (1)
<p><b>‘Cognitive’ (Thinking ME)</b></p> <p>The cognitive domain refers to tactics, mental capacity, decision making and evaluation.</p>	<ul style="list-style-type: none"> <li>● Applies simple fundamental movement skills in an activity.</li> <li>● Uses simple tactics, strategies and ideas.</li> <li>● Outlines what is good and bad about a performance.</li> <li>● Follows simple rules/instructions in physical activity.</li> </ul>	<ul style="list-style-type: none"> <li>● Compares performances identifying strengths and improvements.</li> <li>● Makes suggestions on how to improve their own and others’ performance.</li> <li>● Organises equipment and communicates instructions to others.</li> <li>● Makes informed choices about engaging in physical activity.</li> <li>● Suggests ways of making an activity harder and more challenging.</li> <li>● Makes connections between different ideas.</li> <li>● Takes risks and learns from mistakes.</li> </ul>	<ul style="list-style-type: none"> <li>● Analyses the performance of self and others creating plans to improve.</li> <li>● Suggests how different tactics and ideas can be applied in activities.</li> <li>● Confidently leads small group activities.</li> <li>● Demonstrates good levels of imagination and creativity in performances.</li> <li>● Suggests alternative ways to solve problems.</li> <li>● Reflects and acts on feedback</li> <li>● Compares performances against previous ones demonstrating improvements made.</li> <li>● Able to transfer knowledge, adapt and apply this to new/different activities.</li> </ul>	<ul style="list-style-type: none"> <li>● Uses and adapts advanced tactics, rules and ideas in different situations.</li> <li>● Reflects on choices made outlining what worked well, what could have been better and why.</li> <li>● Confidently leads larger group activities.</li> <li>● Demonstrates effective decision making under pressure in different activities.</li> <li>● Can use a variety of advanced tactics, ideas and strategies to overcome opponents.</li> <li>● Plans how to make an activity easier or harder to provide challenge.</li> <li>● Sets clear goals and evaluates progress towards them.</li> </ul>
<p><b>‘Physical’ (Physical ME)</b></p> <p>The physical domain refers to the physical literacy and movements of the body.</p>	<ul style="list-style-type: none"> <li>● Completes short periods of exercise.</li> <li>● Uses fundamental simple skills such as throwing, catching, running with some control and success.</li> <li>● Demonstrates a skill/movement when assisted or through instruction.</li> <li>● Performs simple skills in isolation with some control and accuracy.</li> </ul>	<ul style="list-style-type: none"> <li>● Can remain active for longer periods of time.</li> <li>● Perform simple skills in more competitive situations (conditioned practices) with control and accuracy.</li> <li>● Chooses, links and combines skills with some control and coordination.</li> <li>● Applies fundamental movement skills in different activities.</li> <li>● Applies simple tactics to activities and games.</li> </ul>	<ul style="list-style-type: none"> <li>● Can remain active for longer periods of time and can sustain effort in an activity without getting fatigued.</li> <li>● Perform more complex skills with control, accuracy and fluency.</li> <li>● Changes tactics, strategies and skills to suit changing competitive situations.</li> <li>● Able to choose, link and combine skills and techniques in different situations.</li> <li>● Demonstrates accurate and fluent skills and techniques.</li> </ul>	<ul style="list-style-type: none"> <li>● Consistently remains active each PE lesson and sustain effort in an activity without getting fatigued.</li> <li>● Chooses, links and combines advanced skills and techniques in a range of situations with exceptional control and coordination.</li> <li>● Changes skills to suit different situations having a highly influential effect in competitive situations.</li> <li>● Accesses a range of extra-curricular/community opportunities to extend and develop skills and techniques.</li> </ul>
<p><b>‘Social’ (Social ME)</b></p> <p>The social domain refers to communications, teamwork, organisation and leadership.</p>	<ul style="list-style-type: none"> <li>● Communicates what is good about a performance to others.</li> <li>● Can warm up with others in a small group</li> <li>● Sets out and uses equipment safely</li> <li>● Can follow simple rules in an activity.</li> <li>● Can be inconsistent with PE kit for lessons</li> <li>● Mostly controls own behaviour in a physical activity setting.</li> <li>● Shows an inconsistent approach to learning.</li> </ul>	<ul style="list-style-type: none"> <li>● Communicates and works collaboratively with others.</li> <li>● Can lead a small group warm up or activity.</li> <li>● Assists with officiating in lessons.</li> <li>● Listens to and responds to feedback from others.</li> <li>● Joins in with all activities even when they find them difficult.</li> <li>● Dresses appropriately for the activity and environment.</li> <li>● Willing to ask for help when needed and answers questions in front of peers.</li> <li>● Demonstrates self-control and responsibility.</li> </ul>	<ul style="list-style-type: none"> <li>● Leads others with little support when organising or officiating activities.</li> <li>● Confidently leads a small group warm up or activity.</li> <li>● Provides constructive feedback to others.</li> <li>● Able to confidently assist in officiating in lessons</li> <li>● Sets realistic and challenging goals.</li> <li>● Regularly volunteers to help others.</li> <li>● Supports others in their learning and recognises their needs.</li> <li>● Shows fair play, respect and support for other pupils in the class.</li> <li>● Follows rules and etiquette in competitive games and activities.</li> </ul>	<ul style="list-style-type: none"> <li>● Consistently works independently and with others without the need for support.</li> <li>● Takes the initiative to lead when officiating or leading activities.</li> <li>● Motivates and encourages good values in others.</li> <li>● Shows high levels of confidence, organisation and communication when leading.</li> <li>● Sets up and runs practices and activities to improve a performance.</li> <li>● Confidently leads in the community on a regular basis.</li> <li>● Demonstrates clear positive values when participating and leading.</li> <li>● Shows consistent positive learning behaviours demonstrating a range of key</li> </ul>

